

# SC! SONNING COMMON MAGAZINE

www.sonningcommonmagazine.org

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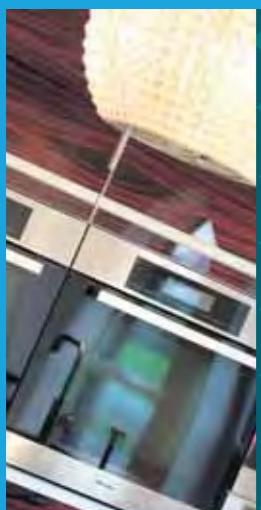
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# FROM THE EDITORIAL TEAM

Introducing our new refreshed magazine is a great pleasure in a significant year for the magazine. As I write this editorial the AGM has just been held and this is always a good time for reflection.

The magazine celebrated its 40th anniversary at the end of last year, with a display in the library, pull-out section in the December edition, and in January a thank you reception for the advertisers and volunteers who deliver it. All these people, a very large number, make the magazine possible through their financial contribution and by their footwork, every two months.

The editorial team was delighted to produce the first 36 page magazine on 1 May; partly through writing their own articles; by commissioning them and by receiving them from residents. Again a significant change and one especially encouraged, the receipt of many very interesting pieces volunteered by YOU.

The June July edition has not only been redesigned but it also has 36 pages and hopefully something of interest to everyone. Stories range from the Parish Council visit to Thames Valley Police training centre; Food Waste recycling; 3rd Reading bridge; Yoga; Summer Sports and of course Zack's Minecraft tip and fun things for young people. The interview is with Chrissie and the forthcoming important Britain in Bloom competition and we have our usual contributors as well as village happenings, both past and forthcoming.

I hope you enjoy reading it and feel inspired to write your own contribution? By 1 July please ...

Diana

Diana Pearman Editor

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## MEET THE TEAM ...



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JUNE / JULY 2014

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**SC** SONNING COMMON  
MAGAZINE

# BRITAIN IN BLOOM- THE WAY FORWARD?

Hannah Rice and Joan Grumman questioned passing residents of Sonning Common, outside the Co-op at the end of April, about the way ahead for the village in the Britain in Bloom competition.

Most responses were very positive and there were many ideas on the ways to develop the work already done by the Village Gardeners. Here is a sample of the responses;

- Trish Rockell suggested a tidy up of the area from the Millennium Green along Kennylands Road. She was willing to take this on as a personal project and get some willing helpers to assist her.
- She also suggested encouraging local shops to take part by awarding a Community Certificate to any business that tidied up their frontage and/or funded a hanging basket or tub.
- Andrew Quincey thought the phone box was a bit weird but also suggested that young people should be encouraged

to grow some fruit and vegetables because they are motivated when they have something back.

He also suggested that local businesses might sponsor a flowerbed that could be planted in their choice of colours.

- A resident of Henley who visits Sonning Common nearly every day, Colin Goddard, thought that a school with a gardening club might be able to support elderly residents by helping with gardening tasks.
- Linda Martin, a resident of 40 years thought young people would have more respect for their environment if they were more involved. Like others she wondered if the grass cutting could be increased because the long grass detracted from the flowerbeds. ●



## OPENING CEREMONY OF THE NEW FISH VOLUNTEER CENTRE

The move of the FISH Centre from Sonning Common Village Hall to 'Springhill' on Kennylands Road is a momentous occasion in the history of this local charity. Founded by Ann Butler-Smith, thirty four years ago, FISH has been based in the SC Village Hall for 30 of those years. When she started the movement it was largely based on volunteers visiting lonely elderly people and a car service.

Over 60 people attended the grand opening ceremony on Saturday 10 May. Appropriate refreshments were served while a viewing of the spacious premises took place, now a suite of 4 rooms.

Fred Nickson, Chairman of FISH opened the ceremony with an expression of some delight at seeing so many friends and volunteers, both past and present, in attendance. Fred reminded the gathering that while living longer is good news for everyone it will provide a greater need for

support from the community, especially as so many remain in their own homes for longer.

He expressed his sincere thanks for the splendid job done by all the volunteers. BUT MORE ARE NEEDED! "There are lots of lonely people in our community, which covers the same area as the Health Centre, some 8,000 residents. With the larger premises I hope to extend the services that the FISH Volunteer Centre offers to home visiting and social activities which can make use of our new facilities".

Fred then invited the guest of honour, Andrew Peach, well known BBC Radio presenter, to cut the ribbon formally opening the centre. Andrew said he felt that this charity has been never more needed as so many families live far apart and can no longer depend upon that support. His final comment summed up the morning. "A move to the original concept of support for the lonely, which can take many forms, is dependent on the



## Community Care Fund to close

After careful consideration, it is with much sadness and regret that the Chairman and Committee of the Sonning Common and District Community Fund have decided it is time to announce its closure.

There have been many happy years of fundraising for the Care Fund in its various forms since 1970 and in its later years we have been able to support The Sonning Common Health Centre, its staff and patients by funding the purchase of various pieces of equipment and by helping to finance education courses for both doctors and nurses. We have also helped with the cost of providing for the needs of patients wishing to be nursed in their own homes.

All this has only been made possible by the generous support of our local community through donations and legacies and by supporting our popular Tombola at the FISH Autumn Fayre. We thank every one of you for your assistance over the years. ●

Joan Thorne

## [STOP PRESS]

### Design the Village Sign Competition...

The committee of the Sonning Common Society were delighted and very impressed with the entries for the competition. There were many different elements of village life illustrated and we are hoping to incorporate several of them into the final design. Photographs and the final decision will be published in the next edition of the magazine.

## A BIG THANK YOU!

from the Royal British Legion Women's Section to those who attended Mad Hatters Tea Party. £525.05 was raised. ●

# MARKING TIME

## TEACHERS BEHAVING BADLY, ACTED WITH APLOMB!

Chiltern Players' production Marking Time showed teachers under stress at their worst.

An enthusiastic audience saw teachers throwing scripts in the air in frustration, slamming doors, ridiculous love entanglements and petty feuding of the sort you'd only find in schools (obviously not local ones). An additional challenge for actors was acting vigorously in the round. They pulled it off with aplomb. They're now back to the drawing board to conjure something wonderful for the autumn. ●



## CHILTERN EDGE HORTICULTURAL SOCIETY SPRING FRONT GARDENS COMPETITION

The judges were two members from the society and two from the Village Gardeners who were all impressed with the blaze of spring colours and the obvious devotion of the owners of all 18 gardens nominated.



### 1ST PRIZE - GEOFF MITTON CUP

Joyce and David Brewer in Woodlands Road - A truly outstanding garden full of variety and colour

### 2ND PRIZE

Morris cottage garden in Westleigh Drive - A great number of unusual plants giving pretty foliage and colour

### 3RD PRIZE

Pamela Franklin's garden in Woodlands Road - Immaculately laid out beds and borders

## 2014 Village Quiz results

Many thanks to everyone who took part in this year's Village Quiz. There were 22 teams of five or six players which gave us a very full primary school hall. By supporting the quiz, the bar and the raffle, over £600 was raised for PTA funds. The final scores and placings were as follows:

1. Wishful thinkers - 112 points
2. Two Hoots - 111
3. Mongooses - 110
4. Martin's Team and Common Readers - 107
6. Comets and Dead Rats' Society - 106
8. Minus I.Q.'s - 103
9. FISH, Bejabs, Graham's team and P and O - 98

Closely followed by Wild Grovers, Between the Covers, Teechers, On the Tiles, The WI, Blotters, Dad's Army, Joy's team, Galloping Governors and Green's Gremlins. Here's hoping everyone will want to take part again next year! ●

Mel White



## PRE SCHOOL CHILDREN DELIGHTED WITH NEW PLAY EQUIPMENT

Installed over the Easter holidays at Sonning Common Pre-school the children now have a new play house, erected by parents, a performance stage (lots of singing and dancing is now seen) and a play centre consisting of slides and a climbing wall.

Thanks to the hard work of the fundraising team, both past and present, as well as the parents' support for the school, this has been made possible. Additionally a small grant came from Oxfordshire County Council. Sonning Common Pre-school is a community based charity and without fundraising and parents' help they would be unable to purchase such equipment. Our next event is our Summer Fair on Sunday 29 June.

Clare Saunders, Pre-school Manager said, "What a fantastic achievement to be able to raise enough money to support the children's outside learning experience. We are focussing this year on enhancing our outdoor environment and this is the very start of exciting things to come."

Claire Hutchins, Chairwoman for the pre-school committee said "We are over the moon, our spacious outside area has been transformed, from mud kitchens to a fab stage area. What more could children ask for!!! This will make such a difference to the quality of the children's play. We are very grateful to all those involved who have made this happen."

Sonning Common Pre-school still has spaces available from Sept 2014. Please visit and contact 0118 972 4760, or info@sonningcommonpreschool.co.uk Sessions are available from 2 and a half yrs, 9am-3pm. ●

## NO ONE CAN RAIN ON OUR PARADE OF PEDALS!

Sonning Common has proved itself healthy at heart once again. Five hundred and fifty local people ignored the woeful weather forecast, put on their waterproofs and joined the village's annual On Your Bike ride.

"We were surprised no one dropped out at the promise of heavy downpours," said organiser, Penny Snowden. "It just goes to show how enthusiastic everyone is about this event. It's grown into a huge family-friendly community phenomenon - one that's become part of the DNA of the village. And it didn't rain on us after all!"

"We live in an amazing place," said Penny, who founded On Your Bike 8 years ago, "Not only are we surrounded by gorgeous leafy lanes that we can cycle along safely with our children, but we also seem to have an endless supply of neighbours and friends who love outdoor exercise as much as we do."

"We want to say a huge thank you to the dozens of volunteers and sponsors -

without you, this event simply would not happen. Organising something on this scale is hard work, but it's utterly uplifting to see all those smiling faces heading off year after year, and to see riders still smiling when they return!"

The long term aim is to reintroduce an On Your Feet walking event, but we need much more volunteer help to make this possible."

On Your Bike 2014 has raised well in excess of £3000, which will be shared between Sonning Common Primary School, Sue Ryder & our local Air Ambulance. Thank you to AWcycles, Sonning Common Health Centre, our sponsors, many volunteers as well as all those who rode with us this year! ●

Nikki Hampton



## ON YOUR BIKE RIDE 2014 SURVEY RESULTS

The Neighbourhood Development working party attended the 'On your Bike' 2014 to display the information about the progress of the plan. They also ran a survey asking the participants to complete a short questionnaire about the recreation facilities in the village. The results are listed here.



**Do you agree that Sonning Common's NDP should include provision for new sports/exercise facilities?**

Yes 127   No 1   Inconclusive 0

**Which new facilities would you like to have?**

Indoor sports hall with exercise gym

Yes 111   No 10   Inconclusive 7

Asphalt multi-purpose games area

Yes 111   No 4   Inconclusive 13

Outdoor pitches (cricket, football)

Yes 93   No 12   Inconclusive 23

Jogging track

Yes 68   No 31   Inconclusive 29

When asked which other facilities would be chosen, a swimming pool was the most favoured, followed by cycle lanes/tracks, skate park and tennis courts. ●

## IT'S A LONG WAY TO BRIGHTON



Ten cyclists, all regulars of the Butcher's Arms pub, have raised more than £2,000 towards Sonning Common Skatepark. They cycled from the village to Brighton on 26 April, completing 92 miles in just under 12 hours. It would have been 78 miles, had the leaders not gone astray with the navigation!

Pub landlord Rob Blues said: "It was hard work. We cycled the whole way and not one person got off to push their bikes up hills. We are really pleased with what we raised for the skatepark."

He said the idea of raising money for the skatepark came about when some pub regulars, who had grown up in the village, were talking about the continuing lack of facilities for young people. Now in their late twenties, they recalled how they were promised a skatepark when they were young.

Another regular, councillor Dirk Jones, who is on the parish council's Skatepark Working Group, suggested they might

consider contributing towards the skatepark project, which was well underway and just £20,000 short of its £100,000 fundraising target. They agreed to do a sponsored bike ride.

Now, with the bike ride behind them, the pub regulars are already thinking about their next fund-raising challenge for the skatepark. The Mad Hatters Club is planning to design and build a BMX-powered raft to take part in Thames and Kennet Marina's annual raft race on 10 August.

For further information see: [sonningcommonweb.co.uk/skatepark](http://sonningcommonweb.co.uk/skatepark) ●

## NEIGHBOURHOOD DEVELOPMENT PLAN UPDATE

Our web site, [www.scpc-ndp.co.uk](http://www.scpc-ndp.co.uk) has recently been updated and populated with information and material covering the work done. This includes Frequently Asked Questions, the Scoping Report, maps, photos and information on SON Sites going forward for future consideration. All of the articles about the Sonning Common Neighbourhood Development Plan, published in this magazine since 2012, are also now on the website. Please let us know your thoughts and opinions on issues surrounding the SCNDP.

The Scoping Report is an important document. It describes and locates information about Sonning Common, its services amenities and infrastructure, as well as the surrounding landscape and its geographical position in South Oxfordshire. It is a template for the Neighbourhood Development Plan, on which the aspirations

for a sustainable future, for Sonning Common and its neighbourhood are laid. Thus it looks at the objectives, key messages, problems and trends affecting the sustainability issues involved in providing many extra homes in the village between 2017 and 2027.

It is also a consultation document. It has been sent to statutory bodies, authorities, schools, organisations and groups involved in the life and work of South Oxfordshire and its neighbouring areas; SODC, Chilterns Conservation Board, NHS Trusts, local schools and health providers, just to name a few. Comments and critiques sent back to us will be used to amend the Scoping Report and its subsequent role in developing the NDP.

We have written provisional design statements and proposals for each SON site going forward for development. During May we will have had discussions

## FROM THE EDITOR:

The five page 'In Focus' article in this magazine provided residents with an update on the evolving Sonning Common Neighbourhood Development Plan (SCNDP).

The purpose of producing the 'not to scale' street map, in the centre pages was simply to explain to residents the status of the SON sites. It showed which sites had been withdrawn by Landowners, those that the AoNB officer thought unsuitable and the ones that were remaining and were still under consideration.

A number of residents were unsure of the location of each of the sites and the choice of a user-friendly street map format was intended to provide further accessible information.

There was an omission on the map, Stoke Row Road was left out and the shaded area on the map also caused some unintended confusion and upset. Stoke Row Road has been added to the map and the shaded area is now within the parish boundary.

The amended map now appears on the website, together with all of the magazine articles that have covered the SCNDP since its inception. The Neighbourhood Development Plan applies to the parish of Sonning Common, as well as SON 13 in Rotherfield Peppard Parish and SONs 4 and 15a in Kildmore End Parish. ●

with landowners about our proposals for their sites, which will include homes, recreation, amenity green space and employment opportunities.

In June we will hold a series of meetings with residents living adjacent to each potential development site, one meeting per site. These resident meetings will be held on 4, 9 and 11 June (each being an evening meeting) and Saturday 7 June (two meetings, one in the morning and the other in the afternoon); a total of 5 meetings. These meetings will be held in the Village Hall and residents will be invited to attend via a letter.

Your views are important and will be listened to and noted carefully. They will be part of the process leading to the final design statements and proposals for each site. ●

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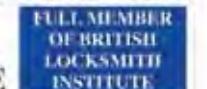
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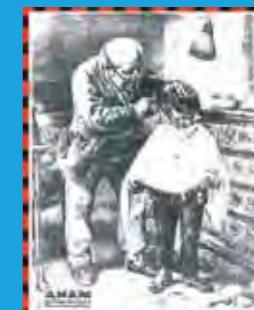
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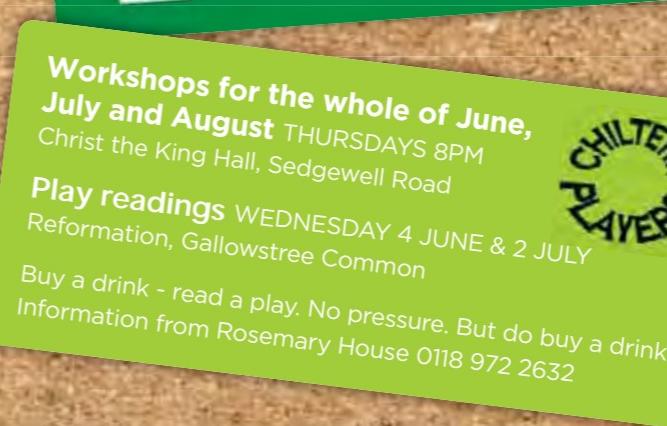
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DATE	OPPONENTS	VENUE	START
April 27	Ipsden	A	14.30
May 4	Nettlebed	A	14.00
May 11	Henley	A	14.00
May 18	Wargrave	A	14.00
May 25	Whitchurch	A	14.00
June 7 (Sat)	Broadwindsor (Tour)	A	14.00
June 8	The Fox, Corscombe (Tour)	A	14.30
June 22	Crowmarsh	A	14.00
June 29	Swyncombe	A	14.00
July 6	Peppard	A	14.00
July 13	Holton & Wheatley	A	TBA
Aug 3	Harpsden	A	13.30
Aug 10	Kidmore End	A	14.00
Aug 24	Moulsworth	A	14.00
Aug 31	Pangbourne	A	14.00
Sept 7	Highmoor	A	13.30



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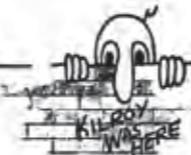
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# From food waste to electricity

**A LOW IMPACT, GREEN INDUSTRY WITH AN EXCELLENT SAFETY RECORD**

By JO STOVES



When you scrape off your plates into the food waste bin, do you every wonder what happens next?

Recently I had the opportunity to visit the 5 hectare Anaerobic Digestion Plant at Cassington to find out. **Surprise one**, was to find that the plant is unobtrusively set among flooded gravel pits and looks very much like any other small industrial site. **Surprise two**, was to find that it did not smell as unpleasant as I had imagined. Yes, of course it did smell (sweet and sickly), but it certainly didn't make me screw my nose up or feel ill. **Final surprise**, was to find that there is an almost identical plant at Benson which treats food waste from Sonning Common.

At its most basic, Anaerobic Digestion converts food waste (which would otherwise go to landfill) into heat, electricity and a nitrogen rich liquid fertiliser known as digestate.

The remaining digestate, when the process has been completed and as much energy as possible has been extracted, is a direct replacement for inorganic fertilizer. It can be pumped directly into tankers for distribution to farms within a 10 mile radius. But as it cannot be spread on the land during the winter, (it may contaminate water

courses during wet weather), on-site lagoons allow for 6 months storage. So, there you have it. 120 tonnes of food waste goes into Cassington every day and every 4 hours a few tonnes are added to the digesters. A low impact, green industry with an excellent safety record producing a constant supply of electricity and fertilizer, using heat recycled from its own gas engines and saving 40,000 tonnes of food waste from going into landfill.

Tours of Cassington are very popular and after my informative morning there I understood why. I came away determined to try to cut the amount of food waste I put out on the kerbside each week, but equally confident that Anaerobic Digestion is a very positive way of dealing with this massive, ongoing problem.

"Anaerobic digestion will become more important as the world wakes up to the requirement that sustainability is all important in a more populated world. The plant at Cassington provides both renewable energy and an organic fertilisers and make a valuable contribution to a greener and more cost effective economy."

Harry Waters Commercial Director



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# CHRISSE PHILLIPS-TILBURY A VILLAGE TO BE PROUD OF

By ROS VARNES

Like the seeds they plant, the Village Gardeners are continuing to grow, flourish and transform Sonning Common.

The community gardening group has achieved much since its formation four years ago and with its entry into the Britain in Bloom competition this year there is a great deal yet to come.

Founding members Chrissie Phillips-Tilbury and Jill Greenwood recall how the group got started, following a call to South Oxfordshire District Council (SODC) in late 2009.

Chrissie and Jill were concerned about how untidy the village centre flower-beds were so Chrissie rang SODC to ask whether they could tidy them up.

"An official informed me that I could not touch the flower-beds unless I had both a street operatives' license and a health and safety certificate but then changed his mind and said, 'You can do it but only unofficially'!. This galvanised a small group of friends to get together to reclaim the flower-beds," says Chrissie.

What began with a little gentle weeding of the flower-bed outside Occasions has turned into a movement to clear, tend and cultivate all available green space in the village.

Now numbering up to 25 volunteers, the Village Gardeners meet on the first Sunday and third Thursday of every month to work.

Chrissie is the first to admit she is no gardener. She is the motivator of the group. The group is made up of

expert gardeners and those with little experience or none at all. It's a balance that clearly works as the Village Gardeners' long list of achievements testifies.

To date volunteers have planted 7,000 bulbs, built new flower-beds at the back of the Co-op car park, cleared and re-planted the flower-beds in front of the One-Stop, Occasions and the Indian restaurant and erected a plant-feature telephone box - with the help of a generous benefactor - on the Green Lane corner.

Recent projects have included building a planter on the corner of Wood Lane/Woodlands Road and filling it with herbs and vegetables to which residents can help themselves. Wildflower seeds have been sown at the Millennium Green and on Peppard Road and Woodlands Road; a flower and shrub-filled wooden trough installed at the Peppard Road/Kennylands Road triangle; and the Heath and Watkins bed has been completely transformed.

All this would not have been possible without local support. Many local businesses, organisations and individuals have helped to fund and support the work.

Some community groups and organisations continue to work in partnership with the Village Gardeners including Chiltern Edge School, Sonning Common Primary School, Sonning Common Library, Thames Valley Police and the Guides and Brownies.

The Village Gardeners are particularly



proud of their work with local children. For the second year running they have planted seeds with the Brownie and Guides groups outside the Scout Hut in Baskerville Road and they are planting fruit bushes with children at the primary school.

Encouraged by being given an 'outstanding' rating in the Thames and Chiltern's Britain in Bloom 'It's Your Neighbourhood' section last year, the Village Gardeners have decided to enter the national Britain in Bloom competition this year.

This will entail a two-hour village tour and presentation to the competition judges in mid-July. The competition will be judged on horticulture, community effort and conservation and recycling.

Said Chrissie: "It's vital for us that people look around them and report any damaged walls to the Parish Office. People can do their bit to help by weeding and sweeping outside the fronts of their properties. This competition is about the look of the whole village and the community working together." ●



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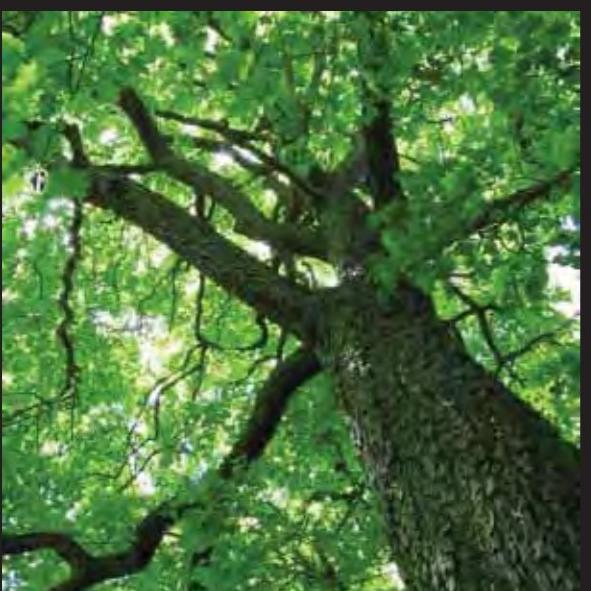
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# SONNING COMMON PARISH COUNCIL – ANNUAL PARISH MEETING 3RD READING BRIDGE DEBATE



A lively meeting was held in the Village Hall on Monday 10 May when the Annual Parish Meeting, open to all residents, focussed on the issue of a third bridge over the Thames. A panel of speakers representing Reading Borough Council, Oxfordshire County Council, South Oxfordshire District Council and our own Parish Council presented varying viewpoints on the potential benefits and disadvantages of building a third Thames Bridge linking South Oxfordshire with Reading.

The issue of a third bridge (in addition to the Reading and Caversham bridges) has raised its head on many occasions during the last 40 years. The current debate has been fuelled by the traffic chaos caused by the recent closures of the smaller bridges at Sonning (due to flooding) and Whitchurch (for structural work). Councillor Tony Page (Deputy Leader of

Reading Borough Council) stated that Reading Borough Council had supported a third bridge solution and felt certain that it would have equal benefit to the communities both north and south of the river. He made a strong appeal for OCC, SODC and Sonning Common Parish Council, together with other parishes to come together and objectively discuss the Reading Borough Council proposals.

Councillor David Bartholomew from OCC and Councillor Paul Harrison from SODC both then spoke against the proposal, raising concerns of inadequate road infrastructure in the south Oxfordshire villages and countryside which would be unable to cope with the likely huge increase in traffic. The building of the M25 as a solution to density of road traffic and its current unplanned high volume use was cited as an example of what would occur with a new bridge on the lines of 'build it and THEY will come'!

Parish Councillor Leigh Rawlins presented the current view of SCPC that a third bridge is needed but only if certain conditions can be agreed, primarily that there would be no question of Reading using a third bridge to claim territory in south Oxfordshire.

After many questions from the floor often expressing some very strong feelings and final summaries from the panel of speakers, Douglas Kedge, Chairman of SC Parish Council, closed the meeting by thanking all attending for their valuable contributions. ●

**Editor's Note:** Many other issues were raised in this meeting and the topic is a complex one and worthy of more detailed information and consideration than can be given in this brief article. Consequently this subject will be revisited in the August September edition of the magazine.

## A COLOURFUL EVENT: AGM SONNING COMMON MAGAZINE

Supporters of the magazine were totally engaged by a fascinating pre-AGM talk on The History of Colour Printing from our local resident and world expert on Lithography Mike Twyman (Professor Emeritus of the Department of Typography & Graphic Communication at the University of Reading). Mike entertained his audience with a highly accessible and brilliantly illustrated presentation on the complexities of producing his book on the evolution of colour printing. Following the very

well received presentation the audience were able to view and appreciate the many exhibits displayed around the hall.

Opening the AGM Magazine Chairman Geoff Adams reflected upon the significant of the past year in the magazine's history, notably its 40th anniversary. He praised the work and dedication of the team who produce and distribute the magazine and thanked the committee for all their hard work and commitment. He did

stress that the committee NEEDS SOME MORE VOLUNTEERS, including a secretary. Concluding his remarks Geoff expressed his personal view but one he had heard voiced from many sources 'that the Sonning Common Magazine goes from strength to strength'. ●

Diana Pearman



# POLICE TRAINING CENTRE opens its doors



By ROS VARNES



Members of Sonning Common Parish Council enjoyed a fascinating tour of the Thames Valley Police training centre in West Berkshire recently.

At the special invitation of Colin Boyes, the village's Police Community Support Officer (PCSO), they spent several hours touring the training centre and Thames Valley Police Museum at the White House, Sulhamstead.

First on the schedule was a visit to the Dog Section, which was set up in 1952 and is one of the oldest facilities of its kind in the country. Staff at the centre help to train and care for the force's dogs.

German shepherds are mostly used for finding property and missing people while spaniels and labradors have specialist roles including sniffing out drugs and explosives.

The force's Specialist Search and Rescue Team is based at the training centre. The Thames Valley Police team is one of only 13 in England, Scotland and Wales and the specialists are often called out to help other police forces.

Their work is extremely challenging and definitely not for the faint-hearted! On most occasions divers are working in conditions with zero visibility and, attached to a lifeline, they have to search for items as small as bullets, gun cartridges and jewellery. They also have to recover bodies and vehicles from water.

The five-member team can sometimes be called upon to search for weapons and explosives - often in confined

spaces such as in drains and culverts - prior to important public events and VIP visits.

Thames Valley Police has a fleet of up to 500 vehicles, which are maintained at the centre, while the purpose-built Firearms Training Unit is also on-site.

The training courses run by the firearms' unit focus on helping officers to make sound judgement calls about the level of force required to control a situation. Most firearms incidents are resolved through communication and negotiation.

As part of the tour the councillors visited the Thames Valley Police Museum in the historic White House,

part of which dates from the early 1700s. Among the most interesting exhibits are artefacts from the Great Train Robbery on 8 August 1963, including the actual Monopoly board which the crooks played on with stolen money while hiding out at a farmhouse.

Speaking after the visit, parish council chairman Douglas Kedge said: "This visit, apart from being very enjoyable and interesting, is an indication of the commendable community links established between our local police and the village."

**BELOW LEFT-RIGHT:**  
Behind the wheel: Councillor John Stoves ●  
Police posts provided early communications ●  
The White House, Sulhamstead ●  
Councillors (from left) Douglas Kedge, Carole Lewis and Colin Reynolds ●  
A Thames Valley Police car ●  
The parish council group visits the Specialist Search and Recovery Unit vehicle ●

**BOTTOM LEFT:**  
The Sonning Common Parish Council contingent with PCSO Colin Boyes outside the White House, Sulhamstead. ●  
**BOTTOM RIGHT:**  
Councillor Gail Noble predicts a riot ●





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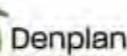
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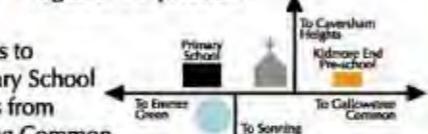
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# YOGA: IT'S NEVER TOO LATE TO REAP THE BENEFITS

By CHRISTINE ATKINSON



**Yoga is available to anyone of any age, or ability, to take up at any stage in life. Benefits are vast - keeping mobile, stress and tension free and younger and freer in body, mind and soul.**

Particularly in this day and age when so many of us sit at desks in front of a computer, or daily drive/ travel to work for hours - activities which our bodies weren't designed to do - can often lead to debilitating back ache and pain creating more stress and tension related problems such as sciatica and migraine. You can start at any age - so it's never too late ...

#### What is yoga?

Yoga is an ancient form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing. The main components of yoga are postures (a series of movements designed to increase strength and flexibility) and breathing. The practice originated in India about 5,000 years ago, and yoga classes can now be found in health clubs, schools, hospitals and surgeries - and local village halls. Many sportsmen and women use yoga as an additional part of their training. This can help prevent, and aid recovery from, injuries as well as increasing bone density, to help prevent osteoporosis and

#### Do I have to be fit to do yoga?

No, yoga is a non-competitive and low impact practice. You should only work to your own limits. In a mixed ability yoga class, you need to be able to get up and down from the floor. The use of a chair to support you in balance postures is always possible and special yoga blocks and belts can be used to aid and adapt postures.



#### Don't I need to be flexible to do yoga?

Not necessarily. Yoga will improve your flexibility and help you go beyond your normal range of movement over a period of time.

#### Can I injure myself doing yoga?

Yoga is the same as any other exercise discipline. It is perfectly safe if taught properly by experienced teachers who have checked your health history before starting. Learning from a qualified yoga teacher and choosing a class appropriate to your level will ensure that you remain injury-free.

#### What style of yoga should I do?

There are many different styles of yoga, such as Ashtanga, Iyengar and Sivananda. Most everyday yoga classes use Hatha yoga, the classic style, and the safest for all levels of ability. This style focuses mainly on physical and mental strength through breathing and postures. Some styles are more vigorous than others. The key is to choose a class appropriate to your fitness level.

#### What type of class should I look out for?

Classes can vary in duration, but most are around an hour and a half. A complete class consists of breath work, warm ups, postures and ends with relaxation. A good class will allow you time to learn the different breathing techniques (pranayamas) and have a de-stressing deep relaxation at the end of the class. It's worth speaking to a teacher about their approach before you sign up for a class.

#### Where can I find a yoga class?

There are lots of yoga classes held locally - try the library, local health centre, local papers for more information. ●

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# Join the club

By CHRISTINE ATKINSON



## THE SUMMER SPORTS SEASON IS HERE

The summer sports season has arrived, so we thought it would be good to keep you all up to date with some of the local, and affordable, sporting facilities for all ages.

Kidmore End Cricket Club (KECC) was founded in 1863 and celebrated its 150th anniversary last year. Based in The Hamlet at Gallowtree Common (Kidmore End parish) they have a great new clubhouse in beautiful surroundings. The club has both senior and junior teams and currently over 200 members play in local leagues. The junior section is very popular with seven teams ranging in age from 6 to 15.

It is run very much as a family affair with parents helping out at junior games - providing the all important teas and refreshments, as well as the umpiring and scoring! KECC is run by a committee, which, like most other sports clubs, is voluntary and always in need of offers of help to run fundraising events and coaching.

For more information, and how to join, please see their website [www.pitchero.com/clubs/kidmoreendcricketclub](http://www.pitchero.com/clubs/kidmoreendcricketclub)

Again the club is run by volunteers, including the very busy Judy Pitson as Treasurer. The courts are locked after use and the code to the lock is made available to club members. New members are very welcome.

Fees to join the club are very reasonable at £30 for a family membership, so ensuring that almost anyone can afford to enjoy the sport...

Send your cheque and members details to Judy at 9 Carling Road RG4 9TG or call on 0118 972 3294 for more information



We are surrounded by excellent Golf Courses which are great for some, but maybe not for those who are either unable to afford the club fees, or are beginning their golfing career and would like to learn by playing. Greys Green Golf course is situated in Peppard Common and has three courses which should suit the complete beginner or experienced golfer.

The course is a 'Pay and Play' one which means that you can just turn up, pay and play! The small clubhouse has clubs and trolleys to hire, drinks and balls available to buy and can provide coaching should

it be required. There are also lovely walks around the course for those who don't want to play!

The fees start from only £2 for a junior on the 9 - hole course, or £6 for an adult. More information is available on their website [www.greysgreengolf.co.uk](http://www.greysgreengolf.co.uk) or phone on 01491 629967



If you are not so keen on the more energetic summer sports then why not try the gentler sport of lawn bowls at Peppard Bowls Club. It is based next to Peppard War Memorial Hall and meet regularly on Monday and Thursday afternoons. The club has regular social events which are open to new members. After your game you can enjoy a beer, or cuppa, at their bar in the clubhouse.

More information available by calling Jenny on 0118 924 2617



JOIN THE CLUB

# Free events and walks

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- Wild flower and wildlife walks
- Nordic walking

Full list of dates and activities <http://www.chilternsociety.org.uk/activ-events.php>

## HEALTH WALKS

Sonning Common health walks started after Easter. Health walking is for fitness – and it's friendly, fun and free! Timetables are available from the Health Centre, the library and the Herb Farm, or at

[www.sonningcommonhealthwalks.co.uk](http://www.sonningcommonhealthwalks.co.uk)

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### THANKS TO A PERSISTENT RESIDENT THE FOOTPATH IS NOW CLEAR

LETTER

For several months now, I have been badgering the local and county council to improve the footpath which leads from the Herb Farm to the Millennium Green. The path was very narrow, the bushes were overgrown near Bird Wood Court and the path was always covered in mud, and made for dangerous walking.

About a couple of months ago, I was walking along there and there were two men clearing the path of the debris from the wind and rain we had, and they were widening it. Also the bushes and overgrown hanging branches had been cleared. Fantastic I thought. Then the next time I went along there I noticed that the work had stopped along by the bin!!!!!!

I got in touch with the council again, and a couple of weeks later the men were working and have now cleared the whole path along to the Herb Farm. It is now wide enough for people with pushchairs and wheelchair users to make their way along there, and makes for a much more enjoyable walk.

Now it is more accessible and the summer is coming it would be great to see more people using the Millennium Green. There is a lovely area where you can enjoy a picnic, children can play games or just run about, and it's all free!! ●

Linda Webb

# Library news

## TRAINING FOR LIBRARY VOLUNTEERS GETS UNDERWAY

By ROS VARNES

If all goes according to plan, volunteers will be working alongside professional staff in the library from August onwards. Following a meeting to recruit volunteers in March, around 65 residents registered their interest in volunteering at the library.

Oxfordshire County Council (OCC) was delighted with the response from residents. The meeting, organised by the Friends of Sonning Common Library, achieved the biggest turnout from would-be volunteers to date.

OCC estimates that 30-40 volunteers will be required to help professional staff run Sonning Common Library when some funding is withdrawn from April of next year. The first group of volunteers started their training at the end of May.

A new steering group has been formed to replace the Friends of Sonning Common Library, who campaigned successfully to safeguard the library's future, and who have now disbanded. ●

Our library manager Rosemary Dunstan said "We were gratified with the response to our call for volunteers to help staff run the library, following the reduction in funding by OCC. The training will have finished by mid-August so that volunteers can be in place before the start of the new school year.



## BOOK REVIEW

By PHILLIPPA TAPHOUSE

A slightly different book review this month, as I thought I would review all four books of the Clifton Chronicles together.

Jeffrey Archer is like Marmite..You either love him or hate him. It's the former for me. He always, always spins such an incredible yarn, which has you turning page after page and then leaves you on a cliffhanger searching desperately for the publication date of the next instalment!

The story begins in 1919 when Harry Clifton is born in a back street in Bristol. His life is destined to follow that of his father and his uncle to work in the docks, but life takes an unexpected turn and due to his mother's hard work and ambition for him, he finds himself at Oxford University where he befriends Giles Barrington. Giles and Harry will be friends for the rest of their lives and the next three books follow them both through many, many twists and turns, each one ending in a way you don't expect and you move seamlessly onto the next book.

If you want to keep busy for the next couple of months, this saga is the one for you...but be warned, the fifth book hasn't been published yet so you may feel a tad frustrated! ●



## SUMMER READING CHALLENGE 2014

Are you ready for the latest Summer Reading Challenge, which begins on Saturday 12 July?

This year is 'Mythical Maze' - so you can expect lots of mythical mystery storybooks in the library. Sign up from Saturday 12 July to receive your mythical poster, then read 6 books and visit 3 times over the summer (that's once to sign up and 3 books per visit). You will receive stickers, bookmarks and wrist bands, a medal and certificate to celebrate your achievement. Special storytimes every Saturday in August at 10am makes this a particularly mythical summer; plus mythical crafts to decorate the library or your home.

A challenge for teenagers and adults this year details in the library. ●

## SPECIAL STORYTIME: FATHERS' DAY 15 JUNE

Saturday 14 June there will be a Fathers' Day Special Storytime at 10am. After the stories there will be an opportunity to make something for the fathers in your family. Home-made cakes on sale too! ●

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# Caring for the carers

The very nature of caring - of being there for a loved one facing ill health or disability - means too often people don't at first, or sometimes ever, identify themselves as carers and, therefore, miss out on support.

As National Carers Week fast approaches, 9 to 15 June, I would like to take this opportunity to thank the very many of you who have offered to support us by holding an event or activity. The number of partner organisations in Oxfordshire now working together for Carers Week has reached an unprecedented number - too many to mention individual names

but it is obvious that there is a strong commitment amongst you to support carers, which is fantastic and for which we are so grateful to you all for. We are really excited about the plans already in place for the week and are definitely looking at delivering the biggest 'Carers Week' ever seen in Oxfordshire, when we hope that many hundreds of carers will recognise their caring role and seek the free information, help and support that is available to them wherever they live in the county.

There is still time to join us in Oxfordshire's Carers Quest and if you would like to plan or organise an event, however big or small, then please do get

in touch and let us know. We can supply resource materials for you, including leaflets, newsletters, cotton shopping bags, pens and much more by calling 01235 424715. Our Carers Week events calendar will be published shortly and our website [www.carersoxfordshire.org.uk](http://www.carersoxfordshire.org.uk) events page will be updated regularly throughout May and June, so do please come and support us if you can. ●

For more information about support including grants and breaks for carers do visit our website [www.carersoxfordshire.org.uk](http://www.carersoxfordshire.org.uk) or telephone 0845 050 7666.

# VILLAGE COFFEE MORNINGS!

Have you heard about the Sonning Common Village Coffee Mornings? Monthly coffee mornings have been held in the Village Hall since March 2013, with the aim of providing local residents with a daytime venue where they can socialise over a cup of tea or coffee, or just spend time browsing our book and bric-a-brac stalls for a bargain!

The event is run by Sonning Common Women's Institute and open to anyone who wishes to drop by - a warm and friendly welcome awaits you. There is no charge for admission or refreshments, although a small donation is appreciated. Funds raised on the day help support the many varied clubs and activities which abound in our delightful village. From the profits raised each month, a local community project receives a donation. In 2013 we raised a total of £500 and beneficiaries to date have included

the Village Gardeners, Community Responders, Club SC, Thames Valley & Chiltern Air Ambulance, FISH, Sonning Common Lunch Club, Wyfold Riding for the Disabled, Sue Ryder, Sonning Common Primary School Centenary Fund and 2nd Kidmore End Brownies.

We are always in need of saleable, good quality bric-a-brac and books. Donations gratefully received. Please bring items to the Coffee Mornings or contact Gill Hayward (0118 9723860), Sue Hedges (0118 9723678) or Alison Bishop (0118 9724824) and we will arrange to collect.

We are delighted to see many regular faces and always pleased to greet new visitors. The Coffee Morning dates appear on the Diary and Noticeboard pages of this magazine and village noticeboards. If you are passing by, please do feel free to come in and stay awhile. ●



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**davis tate****ALL PROPERTY MATTERS****TOM FORT  
Veins ...**

I don't want to cause alarm but I must reveal that I am writing this contribution for the magazine wearing a pair of tight black stockings that extend up to and over my thighs. Don't worry! I am not making a fashion statement or embarking upon the first hesitant step towards cross-dressing. The reason for the stockings is purely medical.

I had a "procedure" on Friday morning to deal with my varicose veins. The problem with varicose veins – apart from the discomfort – is that no one, apart from the sufferer, is interested in them. They are like piles and ingrowing toenails, unpleasant and sometimes painful, but not really to be talked about. I have never had what you might call

an interesting or charismatic operation. A friend of mine had a liver transplant some years ago, and at the slightest invitation will lift his shirt to display the shark's bite of scars along his side to gasps of amazement and admiration. The fact that the transplant was the consequence of an extremely misspent youth is neither here nor there.

Anything requiring plaster is interesting, if only because of the opportunity to write absurd things on it. Hip and knee replacements are of enormous fascination to anyone with dodgy knees or hips, which seems to be most of us. Anything involving keyhole surgery always commands an audience.

But contemplating the thought of someone else's varicose veins is plain

depressing – almost as depressing as contemplating your own. So I shall refrain from describing the wonders of the laser procedure to get rid of mine. I shall not dwell on the gruesome aspect of it (blood, yes, and lots of it). Nor shall I boast of how amazingly brave I was, never flinching and certainly not weeping.

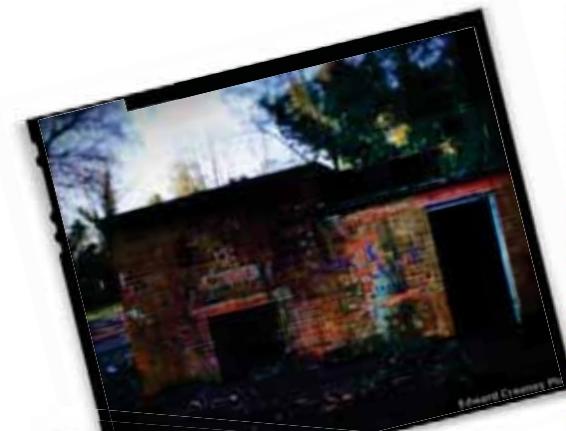
As for the stockings, I have to wear them for three days and nights without taking them off, and then for another ten days. After that I promise that I will never willingly pull on a pair of stockings ever again. ●

**OLD COPSE WOODS**

My name is Edward Creaney. 18 years old, an aspiring photographer and free runner. I have spent a lot of my time exploring the woods and other areas around Sonning Common as I have family living here. I've always been interested in the buildings in Old Copse (Bishopswood) and after being told the area around them had been cleared I decided it was the perfect time to have a look around and get some pictures.

The buildings are what are known as Stanton air raid shelters. The Stanton shelter was manufactured by the Stanton Ironworks near Nottingham during the 2nd World War and could be made for any shape or size, some could even hold up to 50 people at once. From the size of the one in Sonning Common my guess would be that this belonged to one family as a few feet away remains the supports and chimney to a house and with a little digging around here you can easily find parts of plates and other items. It is quite amazing to think that over 60 years ago the buildings that remain today were used for survival in a World War. I recommend you take a walk up to Old Copse and have a look around yourself to get a real feel of the area and the size of the shelters. ●

Edward Creaney,  
<http://www.facebook.com/ECreaneyPhotography>



# Parish news

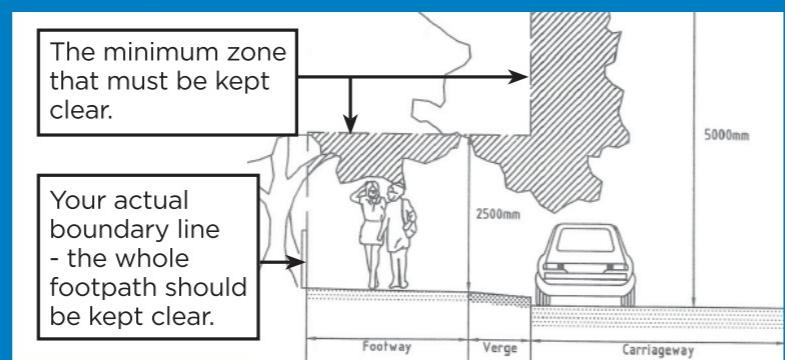
## GOOD FENCES MAKE GOOD NEIGHBOURS - SO DO WELL KEPT HEDGES!

A recurring problem in the village is that some hedges and trees are allowed to grow across pavements beyond people's actual boundary lines. This causes real problems for pedestrians, for people pushing prams and for users of wheelchairs or mobility scooters.

As well as being a nuisance, this is illegal under Section 154 of the Highways Act 1980 and the county council's Highways authority can actually come and cut your hedge or trees back to the boundary and charge the cost to you. The legal situation is as shown to the right.

The Parish Council tries to help by writing to householders when we see hedges that are causing problems or when we receive complaints. This is to help them to avoid the cost of the work being done by Highways.

**We would rather not have to do this so please be neighbourly and keep your hedges and trees inside your boundaries.**



### COUNCILLOR PROFILE: JANE DIWELL GREAT PLANS FOR THE VILLAGE

I come from SE London originally but moved to the area in 1975 when my then husband Alan Diwell's job with Johnson Matthey moved to the Research Centre at Blounts Court.

I realised I knew hardly anybody in the village nor did I know what was going on there, much less have any influence over it, always having worked in London, Oxford or Reading. I was determined to change all that, so I joined the Parish Council.

I am keen to contribute in any way I can and am concerned to preserve the character and improve the amenities of the village. I currently have responsibility for Widmore Pond as chair of the Pond Committee. I am proud of our achievements there, as we have (through the generosity of a village resident) purchased two fine new benches.

Now we have a website as well, and further ideas are under development. Perhaps in due course we may even have a webcam on the ducks!

I think our Parish Council has great plans for the village and it is very exciting to be part of such a dynamic group of people.



### BOUNDARY REVIEW POSTCARDS

Around 1,500 village homes were leafleted by the parish council last month.

Residents were asked to send postcards to South Oxfordshire District Council (SODC) regarding the current parish boundary review.

The parish council wants the boundary to be redrawn to include those parts of Rotherfield Peppard that are within the continuous built up area of Sonning Common.

### PUTTING TIME TO GOOD USE

A team of offenders helped to 'pay back' for their crimes by working with the parish council on a major tidy-up of the village last month.

Eight people, who had received Community Order sentences, provided a day's unpaid work and saved the parish council and local tax-payers thousands of pounds.

They cleared and tidied vegetation around the Scout Hut and play area in Baskerville Road under the supervision of the staff from the Thames Valley Probation and the parish council.

# Church news



Sunday 16 March, at St John's, saw the licensing of the Revd Susan Cooper, as Associate Priest in the Benefice, by the Rt Revd Colin Fletcher, Bishop of Dorchester. Susan had recently arrived, with her husband, Ron, from New Zealand; her interview, for the post, had been conducted by Skype - a first for both the Bishop and the panel. Another first for the Bishop was his licensing of a priest in the very recently created Archdeaconry of Dorchester. (Previously, we were in the Archdeaconry of Oxford.)

Father Graham, our Rector, together with our Licensed Readers, Morris Clegg and Stewart Morgan, have been delighted to welcome Susan to the ministry team, which serves the two Parishes (Kidmore End & Sonning Common and Rotherfield Peppard) in the Benefice.

### FROM THE EDITOR ...

In the April May issue of the magazine I, incorrectly, used the title "Welcome to the new vicar at All Saints". My sincere apologies especially to the Rector, Graham Foulis Brown. So to clarify, the Revd Susan Cooper has been licensed as associate priest to the parishes of Rotherfield Peppard, Kidmore End & Sonning Common and will work across the parishes and in all three churches".

### For your diaries:

#### LITTLE LAMBS

**Wednesday 30 April**  
9.30am at St John's

Contact Felicity Cooper 0118 947 7862 or [felicityandmichael@btinternet.com](mailto:felicityandmichael@btinternet.com)

#### THIRD THURSDAY DROP-IN

**Thursday 15 May**  
2 – 3.30pm at Christ the King

All are welcome; if you know anybody (not just churchgoers) who might like the company, a chat and a cup of tea, please let them know.

Anyone needing a lift please contact Jenny MacGregor on 0118 947 2855, Frances Brewitt-Taylor on 0118 948 2843 or Val Heywood. Volunteers to give lifts would also be appreciated.

For further news/information about our churches, readers are invited to look at our website.

[www.lambandflag.org](http://www.lambandflag.org)

# June 2014

MONDAY 2	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
WEDNESDAY 4	Village Coffee Morning hosted by Sonning Common Women's Institute. Open to all. Raising funds for Sonning Common lunch club - Village Hall	10.30am - 12noon
THURSDAY 5	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 5	Antique & Collectable Fair - Caversham Heath Golf Club	8.30am - 4pm
FRIDAY 6	Notts group - Village Hall	9.30am - 12.30pm
MONDAY 9	Royal British Legions Women's Section - Bring & Buy - Batten House	2pm - 3.30pm
MONDAY 9	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 12	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
FRIDAY 13	Nottakwire practice - Village Hall	9.45am - 11.30am
SUNDAY 15	Felt-makers get together. Bring lunch and a project to work on - Village Hall	10am - 4pm
MONDAY 16	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
MONDAY 16	Sonning Common Parish Council - Village Hall	8pm
THURSDAY 19	FISH - Pub lunch	11.30am
THURSDAY 19	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 19	Sonning Common Women's Institute monthly meeting. Visitors welcome - Village Hall	7.30pm
FRIDAY 20	Nottakwire practice - Village Hall	9.45am - 11.30am
MONDAY 23	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 26	FISH - Henley Farmers' Market	
THURSDAY 26	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
FRIDAY 27	Nottakwire dress rehearsal - Village Hall	9.30am
FRIDAY 27	Nottakwire concert - Village Hall	6pm (doors open at 5.30pm)
SATURDAY 28	Wyfold Riding for the Disabled - Fun Day - Lime Avenue (off Stoke Row Road)	11am - 2.30pm
SATURDAY 28	Nottakwire concert - Village Hall	2pm (doors open at 1.30pm)
SUNDAY 29	Sonning Common Pre-school - Summer Fair - Sonning Common Pre-school garden	11.30am - 2pm
MONDAY 30	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm

# July 2014

THURSDAY 3	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 3	Antique & Collectable Fair - Caversham Heath Golf Club	8.30am - 4pm
FRIDAY 4	Nottakwire practice - Village Hall	9.45am - 11.30am
MONDAY 7	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 10	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
FRIDAY 11	Notts group - Village Hall	9.30am - 12.30pm
SUNDAY 13	Felt-makers get together. Bring lunch and a project to work on - Village Hall	10am - 4pm
MONDAY 14	Village Coffee Morning hosted by Sonning Common Women's Institute. Open to all. Raising funds for Club SC - Village Hall	10.30am - 12noon
MONDAY 14	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
MONDAY 14	Royal British Legions Women's Section - Quiz - Batten House	2pm - 3.30pm
THURSDAY 17	FISH - Pub lunch	11.30am
THURSDAY 17	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 17	Sonning Common Women's Institute monthly meeting. Visitors welcome - Village Hall	7.30pm
FRIDAY 18	Nottakwire practice - Village Hall	9.45am - 11.30am
MONDAY 21	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
MONDAY 21	Sonning Common Parish Council - Village Hall	8pm
THURSDAY 24	FISH - Henley Farmers' Market	
THURSDAY 24	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
FRIDAY 25	Nottakwire practice and end of term lunch - Village Hall	9.45am
MONDAY 28	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm
THURSDAY 31	Peppard Bowls - Club afternoon - Peppard War Memorial Hall	1.45pm - 4pm

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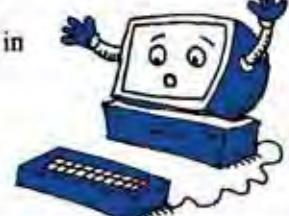
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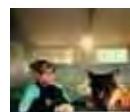


# Doggy Dips

Doggy Wellbeing Centre

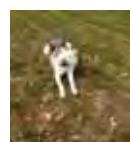


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